

## Information About Ramadan and Eid al-Fitr

Eid al-Fitr is a Muslim festival which comes at the end of the month of Ramadan.

What is Ramadan?

During Ramadan, healthy grown-ups who are Muslims do not eat or drink anything, including water, during the day while the sun shines. This is called fasting.

## **Information About Eid al-Fitr**

'Eid' means festival or celebration. 'al-Fitr' means 'breaking of the fast. This shows that Eid al-Fitr is the festival after the fasting during the month of Ramadan.

Happy Eid!

'Eid Mubarak' is a greeting often used during the festival. It means 'Have a blessed Eid!'

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## How Is Eid al-Fitr Celebrated?

Muslim families celebrate Eid al-Fitr by putting on new clothes.

They enjoy sharing meals with family and friends. They prepare all different kinds of foods like samosas, pakoras, kebabs and much much more.



## How Is Eid al-Fitr Celebrated?

Homes are decorated with colourful decorations and lanterns.

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Muslims read their holy book, the Qur'an, and go to a mosque to pray.

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Muslims visit their friends and family. They give greetings cards and children may receive gifts of money, clothes and toys.



Women and girls decorate their hands with mehndi patterns. Mehndi is made from crushed henna leaves mixed with oil and other liquids such as lemon juice, water or tea.



Eid al-Fitr is a time for Muslim people to thank Allah for the strength that he has given them to have self-control during Ramadan. It is a time to celebrate with family and friends.

