

Primary 4
Week of 8st June – 12th June

This week's suggested structure for your day – Remember it's a suggestion, use what you can when you can.

AM

Comprehension – A range of different comprehension challenges to try.

Spelling – Keep working on your Fry 1000 spelling words. If you would like more, let us know.

Maths – Measure challenges in assignments.

Maths - Problem solving challenge in assignments.

Sumdog

Lunch

Pm

Choose from the following options:

Daily diary writing.

Music – Remember to keep practising the recorder!

Art – Try some easy origami paper folding

https://www.youtube.com/watch?v=EmmaiRFYiuE&list=PLnoO3k54vcBQ_tNFyn7ukM1-LaQBAG2Ld

HWB - Use this guided mindfulness breathing exercise to help you feel calm and focused https://www.youtube.com/watch?v=Bk_qU7I-fcU

PE

Joe

Wicks <https://www.youtube.com/playlist?list=PLyCLOPd4VxBvD7ogmmPLJXYA1q0gFF3pe>

Cosmic Kids Yoga <https://www.youtube.com/user/CosmicKidsYoga>

Share some of what you have been doing on Microsoft Teams!

Evening

Storytime - Read something together. JK Rowling has just released a new children's story – Extracts every week until July

<https://www.theickabog.com/read-the-story/>

Watch a family movie – This is an interesting historical drama for the family.

<https://www.bbc.co.uk/iplayer/episodes/b07bpj6l/hetty-feather>

Play a board game.