



Baldernock Primary School

CHILDREN'S GUIDE TO
ANTI-BULLYING
GUIDELINES

Nov 2022

Reason (Rationale)

We made this policy because we don't want bullying in our school. We want to come to school to be safe and to work hard. We want to be resilient, include everyone to make sure our wellbeing is the best it can be. We want pupils to know what to do if they think they are being bullied.

Vision and Values

The Vision and Values of Baldernock Primary School's Guidelines are:

Vision

Working Together: Respecting Others: Pursuing Excellence

Values

- Environment
- Resilience
- Wellbeing
- Inclusion
- Community

Motto

Ready Respectful Safe

Working with these values are the UNCRC articles 12 and 29:

- 12 - I have the right to be listened to and taken seriously
- 29 - I have the right to an education

What is Bullying?

Bullying can be:

Being mean to someone over and over
Calling people names and tricking them
Teasing

It can be:

Nasty comments
Being left out
Being threatened
Stealing from people
Being attacked physically or using words
Being bullied on the internet or social media

Signs

Bullying may not always be obvious.

Signs may include:

- Being frightened of walking to and from school
- A change in usual routine
- Begging to be driven to school
- Being unwilling to go to school
- Crying to sleep at night
- Feeling ill in the morning
- Not wanting to go to school
- Beginning to do less well at school
- Going home with clothes or books torn
- Having belongings go missing
- Asking for money or stealing money
- Continuously losing pocket money
- Unexplained cuts and bruises
- Not joining in and lacking confidence
- Getting angry and snappy for no reason
- Bullying other children
- Giving unlikely excuses or stories for any of these

Preventing Bullying

All these things help us prevent bullying in our school:

- Our school ethos and motto
- Our Health and Wellbeing programme;
- Sharing information;
- Reporting bullying behaviour;
- Involvement of the Pupil Council through anti-bullying campaigns, posters, Assemblies, suggestion box;
- Support from friends;
- Playground supervision;
- Using the school motto in class and playground
- A variety of games and activities in the playground;
- New staff finding out about school's policy.

Action

At Baldernock we all have a part to play.

We are told:

- If you are being bullied- there is always someone to help.
- It is not your fault.
- It is not part of growing up.

We should not:

- Stand by and watch bullying.
- Encourage bullying.
- Give anyone a hard time just because they are different.

We should:

- Talk to an adult if we see bullying.
- Try to help anyone who is being bullied.

Sharing Our Message

To help raise awareness the Pupil Council will:

- display anti-bullying posters in each classroom;
- speak to the whole school at assemblies;
- contact outside agencies to speak to pupils and parents especially re cyber bullying.

Reporting Bullying Behaviour

If you are being bullied or see someone else being bullied it is very important that you take action. Ignoring it can often mean it will get worse!

You can;

- tell your teacher or any other member of staff;
- tell a friend who can help tell a teacher;
- tell your parents who can contact the school.

Bullying is wrong and we will always listen to any worries, but that doesn't mean the people who do it are 'bad' people. It doesn't make the bullying behaviour right, but it does mean that it is possible to help them change the way they behave

Review of Guidelines

Anti-Bullying Guidelines will be reviewed during session 2023.2024