# Auchinairn Early Years Centre



## Hygiene Policy

In Line with East Dunbartonshire guidelines, Auchinairn EYC aims to encourage the importance of good hygiene in every part of the nursery.

Staff are required to read through our Infection Control Folder, provided by EDC, on an annual basis. Our custom built low toilets and wash basins mean that the children can be encouraged to be independent and confident in their personal hygiene.

### Personal Hygiene - (Refer to separate Policy)

- Hand washing before meals
- Hand washing after visiting the toilet
- Hand washing after blowing/wiping nose
- Hand washing before baking or food tasting
- Hand washing after outdoor play

#### Food Hygiene

Our staff member on cafe duties knows the importance of good hygiene when both preparing and serving snacks for the children and is trained to current HACCP regulations.

- Hand washing before starting to prepare food
- Aprons are worn
- All cups, chopping boards, plates and cutlery are washed in the dishwasher
- Tables are washed with a sterilizing solution every day

#### **Nursery Hygiene**

- Toys are inspected and sterilised on a regular basis
- Dishes, trays, chopping boards and cutlery are washed in a dishwasher
- Floor mats are regularly washed with sterilizing solution
- Dressing-up clothes and dolls' clothes are washed at the end of each week's play
- Soft furnishings in story corner washed at the end two week's play
- A bi-annual deep clean of the nursery by cleaning staff

Care Standard: 2.1, 2.4 Child @ Centre 2: 5.8 HGIOELC: 2.1 Realising the Ambition: 3.2 & 3.4

This Policy has been reviewed and updated following consultation with staff and parents/carers