



## **Tooth Brushing Policy**

By introducing a tooth brushing programme, it is the aim of Auchinairn EYC to promote and improve each child's oral health. Dental disease can cause severe pain and affect eating, speaking and the positioning of permanent teeth.

Parents will be given a letter which has an opting out clause allowing their child to participate in the programme which will be part of the daily nursery routine. This will encourage the children to brush their teeth at home and raise awareness of the importance of good oral hygiene throughout wider family and community.

The nursery policy of providing healthy snacks along with this tooth brushing programme will help reduce the incidence of dental disease in young children.

Realising the Ambition: 3.4 & 5.3

National Care Standards: 3.3, 3.4

HGIOELCC: 2.12.4 2.5

This policy has been reviewed and updated in consultation with staff and parents

Signed: J.Brady

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