

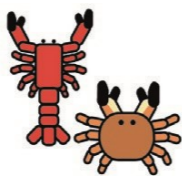

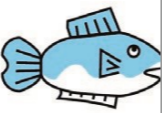
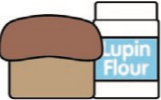










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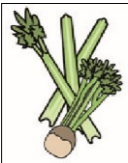

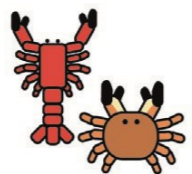

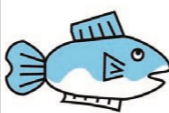







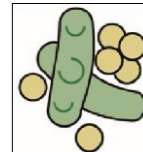

ALLERGEN CONTENT MATRIX

Updated 22/07/2021

DISHES Main Courses														
Allergens	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Roast Beef with Yorkshires, new pots and seasonal veg.		Wheat in Yorkshires		In Yorkshires			In Yorkshires							
Chicken with Yorkshires, new pots and seasonal veg.		Wheat in Yorkshires		In Yorkshires			In Yorkshires							
Katsu Chicken Curry with Rice		Wheat In Nan Bread					In Nan Bread							
Spaghetti Bolognese with Garlic Bread		Wheat - Can provide GF pasta - Wheat in Pasta				Contains if using GF Pasta	If serving with cheese or garlic bread						Contains If using GF Pasta or Garlic bread	
Veg Curry with savory Rice (V)		Wheat in Naan					In Naan Bread							
Chicken Goujons with wedges and Salad							If using dip							
Fish, Chips and Peas		Wheat												
American Style sausage in a bun with chips, salad and peas.		Wheat In Sausage and bun										In Bun	In Sausage	
Meatballs (Chicken) with Spaghetti In a Tomato sauce.		Wheat in Meatballs				If using GF pasta	If serving with cheese or garlic bread						If using GF Pasta & Garlic bread	
Chicken Tandoori with rice & Naan Bread		Wheat In Nan Bread					In Nan Bread							



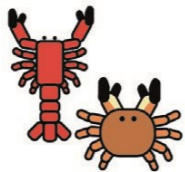











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DISHES Main Courses														
Allergens	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Chilli with Rice				If using Quorn mince			If using Quark							
Chicken Burger with salad in a bun with wedges and salad	If using Chilli or Katsu	Wheat In Bun					If using cheese		If using Katsu			In Bun	If using Katsu	
Mince and Tatties with Yorkshire & seasonal veg	In gravy	Wheat if using Yorkshires		If using Yorkshires			If using Yorkshires							
Veg Katsu Curry with Savoury Rice														
Katsu Chicken Burger with Diced Potatoes and salad	In Katsu Curry	Wheat In Bun					If using cheese		In Katsu Curry			In Bun		
Chilli Burger with salad in a bun with chips and beans	In Chilli	Wheat In Bun					If using cheese					In Bun		
Chicken Curry Naan Bowl		Wheat In Naan Bread					In Naan Bread							
Chicken Harissa with Flatbread & Rice/Cous cous		Wheat In Cous Cous Wheat and spelt												
Fish fingers, with chips and beans		Fish fingers can be GF												
Steak Pie, boiled potatoes and mixed veg		Wheat in Pastry		If brushing pastry with egg			If brushing pastry with milk							
Salmon Fingers with potatoes and mixed veg (GF)							If using dip							
Cheeseburger of Beefburger in a bun with diced potatoes and salad		Wheat In Bun					In Cheese					In Bun		

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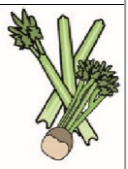




Updated 22/07/2021

DISHES Vegetarian and Vegan														
Allergens	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Quorn Fillet with Yorkshires, new potatoes and seasonal veg	In Gravy	If using Yorkshires		In Quorn Fillet and Yorkshires			If using Yorkshires							
Chicken Casserole with pastry , baby potatoes		Wheat is pastry		If brushing			If brushing							
Vegetarian Sausage roll with chips or mash and peas		Wheat In Sausage Roll					May contain							
Macaroni Cheese with Salad and Garlic Bread		Wheat in Garlic Bread. Can provide GF pasta/contained				Contains if using GF Pasta							If using GF Pasta & Garlic bread	
Pizza with Wedges and Salad														
Tomato and Cheese Penne with Salad and Garlic Bread		Wheat and Barley in all Can provide GF pasta/contained in Garlic Bread				Contains if using GF Pasta	If using cheese in garlic read						If using GF Pasta & Garlic bread	
Veggie Meatballs with Spaghetti In a Tomato sauce.		Wheat, Can provide GF pasta/contained in Garlic Bread					If serving with cheese or garlic bread							
Quorn burger with wedges and salad		Barley & Wheat in Quorn & wheat in bun		In Quorn burger			In Quorn and with Cheese					In Bun		
Baked potato with cheese. Coleslaw and salad				In the coleslaw			In Cheese							
Quorn Fillet in a bun with diced potatoes and salad		Wheat and barley in bun and Quorn Burger		In Quorn Fillet			In Cheese					In Bun		
Neapolitan Sauce with Pasta		Can provide GF pasta				Contains if using GF Pasta	If serving with cheese or garlic bread						If using GF Pasta & Garlic bread	

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ALLERGEN CONTENT MATRIX

Updated 22/07/2021

Sandwich & Baguettes														
Allergens	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusks	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Tuna Salad Baguette/Sandwich/Panini		Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread		In Mayonnaise			In Mayonnaise		In Mayonnaise				In 50/50 Bread	
Chicken Tikka Baguette/Sandwich/Panini		Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread		In Mayonnaise			In Mayonnaise, Tikka sauce		In Mayonnaise			In Baguette	In 50/50 Bread	
BBQ Pulled Pork Baguette/Sandwich/Panini		Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread										In Baguette	In 50/50 Bread	
Cheese Savoury Baguette/Sandwich/Panini		Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread		In Mayonnaise Can serve without			In Mayonnaise In Cheese		In Mayonnaise Can serve without			In Baguette	In 50/50 Bread	
Egg Mayonnaise Baguette/Sandwich/Panini		Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread					In Mayonnaise		In Mayonnaise			In Baguette	In 50/50 Bread	
Chicken Fajita Baguette/Sandwich/Panini		Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread		In Mayonnaise Can serve without			In Mayonnaise		In Mayonnaise Can serve without			In Baguette	In 50/50 Bread	
Plain Roast Beef Baguette/Sandwich/Panini		Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread										In Baguette	In 50/50 Bread	
Plain Roast Chicken Baguette/Sandwich/Panini		Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread										In Baguette	In 50/50 Bread	
Plain Cheese Baguette/Sandwich/Panini		Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread					In Cheese					In Baguette	In 50/50 Bread	
Plain Roast Turkey Baguette/Sandwich/Panini		Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread										In Baguette	In 50/50 Bread	

Spicy Mixed Meat Baguette/Sandwich/Panini		Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread									In Baguette	In 50/50 Bread
Five Bean Salad Baguette/Sandwich/Panini		Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread						In Bean Salad			In Baguette	In 50/50 Bread

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